

Designing and Admission in Old Age Homes: Vital in promoting Well-being of Senior Citizens

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ABSTRACT:

The old age homes are found in all communities throughout the country. The designing and admission criteria are regarded as the first and foremost aspect that needs to be taken into account. The designing and admission of senior citizens is an important aspect that needs to be put into practice in an appropriate manner. In old age, individuals are required to live their lives in a peaceful manner, hence, within old age homes, the environmental conditions should be formed in such a manner, which would be facilitating in promoting well-being of senior citizens. Furthermore, it is of utmost significance to make provision of infrastructure, amenities and facilities in such a manner, which would be facilitating in promoting well-being of senior citizens. It is apparently understood that senior citizens are overwhelmed by different types of health problems and illnesses, hence, it is of utmost significance to make provision of medical and health care facilities. These need to be facilitating and useful to them. In some cases, senior citizens are not ambulatory, hence, care needs to be provided to them. The overall objective is to make living conditions comfortable for senior citizens. As a consequence, one will render an important contribution in leading to progression and promoting community well-being. Therefore, it is well-understood, designing and admission in old age homes is vital in promoting well-being of senior citizens. The main concepts that are taken into account in this research paper are, understanding the importance of designing and admission in old age homes, measures to be implemented in facilitating designing of old age homes and factors to be taken into account in facilitating admission in old age homes.

Keywords: Admission, Designing, Health Care, Management, Measures, Old Age Homes, Senior Citizens, Well-being

INTRODUCTION:

The individuals in charge of old age homes are required to put into operation the measures and procedures in such a manner that are facilitating in designing and admission in old age homes. The measures need to be put into operation in such a manner that would enable senior citizens to feel comfortable within old age homes. There should be provision of infrastructure, amenities and facilities (Gupta, n.d.). These are referred to power supplies, water supplies, restrooms, clean drinking water, heating and cooling equipment in accordance to the weather conditions, furniture, buildings, ramps, elevators, communication networks, transportation facilities and so forth. The management of financial resources is regarded to be of utmost significance in making provision of infrastructure, amenities and facilities. These are regarded as monetary resources. Furthermore, services are to be hired of service providers. These individuals would be facilitating in carrying out different types of tasks and activities in a well-ordered and regimented manner. These are rendering an important contribution in creating an amiable and pleasant environment within old age

homes. Therefore, these are considered as vital on a comprehensive basis.

The management of resources is regarded to be of utmost significance. The various types of resources are, financial, technical, material, information and human resources. The financial resources are utilized to hire the services of service providers, make purchases of various items and bring about transformations in various factors. The human resources are the personnel. These are required to make use of their competencies, abilities and aptitude to carry out their tasks in an appropriate manner. The technical resources are various types of technologies, i.e. computers, lap-tops, I pads, scanners, printers, photo-copiers, audio-visual aids, and so forth. The material resources are, tools, devices, machinery and equipment. Information resources are, books, articles, reports, projects, newspapers, magazines, other reading materials and internet. The internet is regarded as one of the prominent sources that is making provision of information in terms of various factors. All types of resources need to be managed in a well-ordered and regimented manner. Therefore, it is comprehensively understood that management of resources in a

satisfactory manner is essential to do well in one's job duties and generate desired outcomes.

Understanding the Importance of Designing and Admission in Old Age Homes:

The individuals are required to augment their understanding in terms of measures that are facilitating in designing and admission in old age homes. The senior citizens are getting admitted in old age homes due to various reasons. The information is enquired about all the demographic factors, health and other factors that are facilitating in getting admitted. The individuals in charge of old age homes are required to be well-informed in terms of causes of their getting admitted. The individuals in charge are required to design the old age homes in accordance to number of senior citizens getting admitted. The senior citizens are overwhelmed by health problems as well as psychological problems, so it is necessary to make provision of medical and health care facilities and counseling and guidance services. The senior citizens are required to be well-informed in terms of different types of measures and approaches, which would be facilitating in living their lives in an efficacious manner. Therefore, individuals are able to acquire an efficient understanding of the importance of designing and admission in old age homes, when individuals are generating information regarding various factors.

The senior citizens are overwhelmed by different types of health problems and illnesses. Hence, enquiry is made in terms of their health conditions. The individuals in leadership positions are required to be well-versed in terms of making provision of medical and health care facilities. The medical practitioners and health care specialists are making visits on regular basis. They impart medical and health care facilities on regular basis. Furthermore, the senior citizens are overwhelmed by different types of psychological problems of anger, stress, anxiety, frustration and depression. Hence, in order to relieve themselves, they are required to obtain guidance from other individuals, including medical practitioners, health care specialists and professional counselors. As a consequence, the senior citizens will feel relieved, provided the counselors are carrying out their tasks and activities in a well-ordered manner. Furthermore, senior citizens will incur the feeling of satisfaction. Therefore, one is able to acquire an understanding of the importance of designing and admission in old age homes, when medical and health care facilities and counseling services are implemented in a satisfactory manner.

The individuals in leadership positions are required to carry out the functions of planning, organizing, directing, staffing, leading and controlling. These are regarded as managerial functions, which are facilitating in putting into practice different tasks and activities in a well-ordered and disciplined manner. The individuals are carrying out these functions on an

individual basis as well as through working in collaboration and integration with each other. There are number of factors that need to be taken into account, when putting into operation all types of management functions. These are, infrastructure, amenities, facilities, rules, regulations, laws, machinery, equipment, technologies, and so forth. One of the important aspects that needs to be taken into account is, resources are required to be managed in a well-ordered manner. Furthermore, leaders need to make sure, wastage of resources is prevented. In addition, in carrying out efficient functioning of old age homes, these are required to be managed in a well-ordered manner. Therefore, an understanding of the importance of designing and admission in old age homes is acquired, when the management functions are put into practice in a well-ordered and regimented manner.

Measures to be implemented in facilitating Designing of Old Age Homes:

The old age homes are considered important for senior citizens, particularly when they do not feel comfortable living with their family members. Furthermore, there are number of other reasons as well, which compel senior citizens to leave their homes and families. Within old age homes, the individuals in leadership positions are required to be well-informed in terms of factors, which would prove to be favorable in promoting enrichment of old age homes. The measures are complicated as well as manageable (A Study on Working Conditions at Old-Age Homes, n.d.). These are put into operation in more amount of time or can be less time-consuming and these are carried out on one's own as well as through obtaining support and assistance from others. The individuals are required to make sure that they put into practice all the measures in a positive manner. As a consequence, senior citizens will not only feel comfortable, but they will feel pleasurable within old age homes. Therefore, measures to be implemented in facilitating designing of old age homes are stated as follows:

Providing Infrastructure, Amenities and Facilities:

Within old age homes, there should be provision of infrastructure, amenities and facilities. These are referred to power supplies, water supplies, restrooms, clean drinking water, heating and cooling equipment in accordance to the weather conditions, furniture, buildings, ramps, elevators, communication networks, transportation facilities, tools, devices, machinery, equipment and various types of technologies (Infrastructure, 2021). The management of financial resources is regarded to be of utmost significance in making provision of infrastructure, amenities and facilities. These are regarded as monetary resources, which are used to make purchases of various items and

to bring about transformations in different factors. Furthermore, services are to be hired of service providers and cleaning custodians. These individuals would be facilitating in carrying out different types of tasks and activities in a well-ordered and regimented manner. In addition, they need to be given their pay on time. These individuals are rendering an important contribution in creating an amiable and pleasant environment within old age homes, through their job duties. Hence, these are considered as vital on a comprehensive basis. Therefore, providing infrastructure, amenities and facilities is regarded as one of the indispensable measures to be implemented in facilitating designing of old age homes.

Providing Medical and Health Care Facilities:

The senior citizens are overwhelmed by different types of health problems and illnesses. Some of these are, heart problems, kidney disorders, high blood pressure, low blood pressure, pain in the joints, visual impairments, hearing impairments, and so forth. In some cases, senior citizens are not ambulatory and are required to take help in carrying out the activities of daily living of eating, bathing, dressing, toileting and transferring. Hence, enquiry is made in terms of their health conditions. The individuals in leadership positions are required to be well-versed in terms of making provision of medical and health care facilities. The medical practitioners and health care specialists are making visits on regular basis. They impart medical and health care facilities on regular basis. Hence, in order to relieve themselves, they are required to obtain guidance from other individuals, including medical practitioners, health care specialists and professional counselors. As a consequence, senior citizens will feel relieved, provided counselors are carrying out their tasks and activities in a well-ordered manner. Furthermore, senior citizens will incur the feeling of satisfaction. Therefore, providing medical and health care facilities is one of the significant measures to be implemented in facilitating designing of old age homes.

Providing Counseling and Guidance Services:

The senior citizens are overwhelmed by different types of psychological problems of anger, stress, anxiety, frustration and depression. Hence, in order to relieve themselves, they are required to obtain guidance from other individuals, including medical practitioners, health care specialists and professional counselors. The various factors, which enable senior citizens to be overwhelmed by these problems are, health problems, illnesses, seclusion, loneliness, and so forth. The counselors are required to conduct the analysis of the causes of problems. After the causes are identified, they impart information in terms of useful measures. The senior citizens need to put emphasis on honing their listening skills. These are facilitating in acquiring

an efficient understanding of all types of methodologies and procedures in a well-ordered and regimented manner. As a consequence, the senior citizens will feel relieved, provided the counselors are putting into practice their tasks and activities in a well-organized manner. Furthermore, senior citizens will incur the feeling of satisfaction. Hence, they will reinforce the viewpoint that living in old age homes is worthwhile. Therefore, providing counseling and guidance services are an eminent measure to be implemented in facilitating designing of old age homes.

Managing Resources in an adequate Manner:

The management of resources is regarded to be of utmost significance. The various types of resources are, financial, technical, material, information and human resources. The financial resources are utilized to hire the services of service providers, make purchases of various items and bring about transformations in various factors. The human resources are the personnel. These are required to make use of their competencies, abilities and aptitude to carry out their tasks in an appropriate manner. The technical resources are various types of technologies, i.e. computers, lap-tops, I pads, scanners, printers, photo-copiers, audio-visual aids, and so forth. The material resources are, tools, devices, machinery and equipment. Information resources are, books, articles, reports, projects, newspapers, magazines, other reading materials and internet. The internet is regarded as one of the prominent sources that is making provision of information in terms of various factors. Furthermore, individuals are able to obtain answers to all types of questions and clarify their doubts in terms of various issues. All types of resources need to be managed in a well-ordered and regimented manner. Therefore, managing resources in an adequate manner is a productive measure to be implemented in facilitating designing of old age homes.

Implementing Management Functions in an Effective Manner:

The individuals in leadership positions are required to carry out the functions of planning, organizing, directing, staffing, leading, co-ordinating and controlling. These are regarded as managerial functions, which are facilitating in putting into practice different job duties in a well-ordered and disciplined manner. These need to be put into operation with a positive approach. The individuals are carrying out these functions on an individual basis as well as through working in collaboration and integration with each other. There are number of factors that need to be taken into account, when putting into operation all types of management functions. These are, infrastructure, amenities, facilities, rules, regulations, laws, machinery, equipment, technologies, and so

forth. One of the important aspects that needs to be taken into account is, resources are required to be managed in a well-ordered manner. Furthermore, leaders need to make sure, wastage of resources is prevented. These need to be utilized, whenever required. In addition, in carrying out efficient functioning of old age homes, these are required to be managed in an appropriate manner. Therefore, implementing management functions in an effective manner is a meaningful measure to be implemented in facilitating designing of old age homes.

Making provision of Phone Facilities:

In the present existence, senior citizens are having their mobile phones. These make use of these to communicate with family members and friends, make use of internet and so forth. But within old age homes, there is provision of phone facilities as well. These are utilized by senior citizens in cases of malfunctioning of mobile technologies. The particular timings are specified, when senior citizens are allowed to make use of phone facilities. The senior citizens are not permitted to speak on phones for long period of time. In other words, they can only communicate briefly. In some cases, there is an internet connection, whereas, in other cases, there is not any internet connection available. The internet is utilized by senior citizens for augmenting information in terms of different factors and implementing effective communication processes. The internet is regarded as one of the prominent sources that is making provision of information in terms of various factors. Furthermore, individuals are able to obtain answers to all types of questions and clarify their doubts in terms of various issues. Therefore, making provision of phone facilities is a worthwhile measure to be implemented in facilitating designing of old age homes.

Rules for Permitting Senior Citizens to go outside:

The senior citizens need to go out in some cases for different purposes. The visits are of one hour, few hours, couple of days or more. These are for shopping to marketplaces, religious places, visits to homes of family members and friends. Hence, the senior citizens are required to impart information in terms of their visits. In some cases, in old age homes, there is provision of amenities and facilities, which would enable senior citizens to make their visits comfortably. The vehicle and driver is arranged for them. In cases of different types of health problems and illnesses, the senior citizens are required to make sure, they take their devices with them, i.e. walking sticks, walkers, wheel chairs, spectacles, and so forth. Furthermore, they make sure, they put on adequate attire. This should be comfortable in accordance to the weather conditions. As a consequence, the senior citizens will not only make their visits pleasurable, but they will

contribute efficiently in promoting good health, physically and psychologically. Furthermore, they need to impart information regarding dates and timings to the staff members. Therefore, rules for permitting senior citizens to go outside is an advantageous measure to be implemented in facilitating designing of old age homes.

Visits by Family Members:

In some cases, family members make visits to old age homes in order to meet their elderly family members. There are certain visiting hours, during which visits are to be made. The main objective of their visits is to find out whether, the senior citizens are happy within old age homes or they are overwhelmed by any types of problems and issues. The senior citizens communicate with their family members in terms of different types of concerns and issues that they have. During visits by family members, the senior citizens need to make sure, communication processes are taking place in a satisfactory manner. Furthermore, the senior citizens need to ensure, the psychological problems are prevented from assuming a major form. The senior citizens should feel pleasurable and contented, when their family members and friends are visiting them. The research studies have indicated, they normally assure them that they are happy and contented within old age homes. One of the important aspects is, the senior citizens will contribute significantly in promoting good health from physical as well as psychological perspectives. Therefore, visits by family members are a favorable measure to be implemented in facilitating designing of old age homes.

Focusing on Management of Buildings:

The individuals in leadership positions and other staff members need to focus on management of buildings. The construction of rooms and other facilities need to be done in a satisfactory manner in order to create an amiable environment. The tasks of electric work, repair work, painting, carpentry and plumbing are required to be implemented satisfactorily in managing buildings in a satisfactory manner. Furthermore, leaders need to make sure, wastage of resources is prevented. In addition, in carrying out efficient functioning of old age homes, these are required to be managed in a well-organized manner. The management of financial resources is regarded to be of utmost significance in management of buildings in an adequate manner. These are regarded as monetary resources. Furthermore, services are to be hired of service providers. These individuals would be facilitating in carrying out different types of tasks and activities in a well-ordered and regimented manner. These are rendering an important contribution in creating an amiable and pleasant environment within old age homes. Therefore, focusing on management of

buildings is a useful measure to be implemented in facilitating designing of old age homes.

Recruiting Service Providers and Cleaning Custodians:

In order to manage infrastructure, amenities, facilities and buildings in an adequate manner, the services are to be hired of service providers and cleaning custodians. When their recruitment and selection are to take place by the hiring authorities, there are various factors that need to be taken into account, i.e. educational qualifications, competencies, abilities and work experience. Furthermore, they are required to inculcate the traits of morality, ethics, diligence and conscientiousness within the course of putting into operation their job duties. These individuals would be facilitating in carrying out different types of tasks and activities in a well-ordered and regimented manner. In addition, they need to be given their pay on time for hard work that they have rendered. These individuals are rendering an important contribution in creating an amiable and pleasant environment within old age homes, through their job duties. Hence, these are considered as vital on a comprehensive basis. One of the important aspects is, communication needs to take place with them in an effective manner. In addition, these are required to be treated with respect and courtesy. Therefore, recruiting service providers and cleaning custodians is a notable measure to be implemented in facilitating designing of old age homes.

Factors to be taken into account in facilitating Admission in Old Age Homes:

The individuals in charge of old age homes are required to put into operation the measures and procedures in such a manner that are facilitating in admission of senior citizens. They are required to impart information in terms of all the causes, which compel them to leave their homes and seek admission in old age homes. The measures need to be put into operation in such a manner that would enable senior citizens to feel comfortable within old age homes. The individuals in leadership positions are required to be well-informed in terms of factors, which would prove to be favorable in promoting enrichment of old age homes. In order to carry out this task, efficiently the human resources are required to be competent and skilled (Human Resources, 2022). Factors need to be taken into account in facilitating admission in old age homes. These are, generating information regarding senior citizens; formulating laws and rules; being well-versed in terms of certain factors; preventing wastage of resources; inculcating the traits of morality and ethics and creating pleasant environment within old age homes. These are stated as follows:

Generating Information regarding Senior Citizens:

In admitting senior citizens to old age homes, there are certain factors in terms of which information is to be generated. These factors are, age, residence, number of family members, health conditions, causes of leaving homes and other information about senior citizens and their families. When senior citizens fulfill the requirements, they are admitted, whereas, there have been cases, when they do not fulfill the requirements, hence, in this manner, they are unable to seek admission. The individuals in charge are putting in efforts to their best abilities in ensuring that senior citizens feel comfortable. The research studies have indicated, when senior citizens do not feel comfortable living with their family members and get evicted from homes, they live in old age homes. Therefore, generating information regarding senior citizens is considered as one of the indispensable factors to be taken into account in facilitating admission in old age homes.

Formulating Laws and Rules:

The individuals in charge are required to formulate laws and rules. These are related to infrastructure, amenities, facilities, management of resources, timings, hiring and firing of staff members and service providers and so forth. All the members are required to abide by the laws and rules in a satisfactory manner. These need to be flexible, in other words, when any types of changes are to be brought about in laws and rules, these are required to take place in a satisfactory manner. Furthermore, these are facilitating in creating an amiable and pleasant environment within old age homes. One of the important aspects that needs to be taken into account is, these are facilitating in putting into practice all types of job duties and responsibilities in a disciplined manner. Furthermore, senior citizens will live their lives satisfactorily as well as promote good health, physically and psychologically. Therefore, formulating laws and rules is one of the significant factors to be taken into account in facilitating admission in old age homes.

Being well-versed in terms of certain Factors:

Individuals in leadership positions and other members need to be well-versed in terms of certain factors, i.e. being well-versed in terms of job duties and responsibilities; being well-informed in terms of methodologies and procedures; augmenting skills and abilities; inculcating the traits of morality and ethics; implementing the traits of diligence, resourcefulness and conscientiousness; taking out sufficient amount of time for all tasks and activities; coping with various problems in a satisfactory manner; possessing the abilities to work under stress; putting in efforts to one's best abilities; reinforcing a constructive approach and forming pleasant terms and relationships with

others. As a consequence of acknowledging and implementing these factors, the members will facilitate the task of admission in a satisfactory manner. Hence, leaders and other staff members need to implement these factors throughout their jobs. Therefore, being well-versed in terms of certain factors is an eminent factor to be taken into account in facilitating admission in old age homes.

Preventing Wastage of Resources:

The management of resources is regarded to be of utmost significance. The various types of resources are, financial, technical, material, information and human resources (Kenton, 2021). All types of resources need to be managed in a well-ordered and regimented manner. Furthermore, individuals in leadership positions need to make sure, wastage is prevented. The individuals are required to make use of these resources in order to carry out different tasks and activities in a well-organized and satisfactory manner. One needs to be well-informed in terms of job duties and methodologies. These factors will be facilitating in making use of resources in a well-ordered and satisfactory manner. Furthermore, the reinforcement of traits of morality, ethics, diligence and conscientiousness will be facilitating in carrying out different tasks and activities in a well-organized manner. As a consequence, the members will determine the number of senior citizens within old age homes. Hence, the task of admission will be facilitated in a satisfactory manner. Therefore, preventing wastage of resources is a noteworthy factor to be taken into account in facilitating admission in old age homes.

Inculcating the Traits of Morality and Ethics:

All the members are required to be well-versed in terms of traits of morality and ethics. These are facilitating in differentiating between appropriate and inappropriate aspects; honing analytical, critical-thinking and problem-solving skills; being well-informed in terms of job duties and methodologies to carry out all job duties in a satisfactory manner; implementing the traits of diligence, resourcefulness and conscientiousness; taking out sufficient amount of time for all tasks and activities; coping with various problems in a satisfactory manner; possessing the abilities to work under stress; putting in efforts to one's best abilities; reinforcing a constructive approach and forming pleasant terms and relationships with others. As a consequence of acknowledging and putting into operation these factors, the members will facilitate the task of admission in a satisfactory manner. Hence, leaders and other staff members need to be well-informed in terms of these factors throughout their jobs. Therefore, inculcating the traits of morality and ethics is a meaningful factor to be taken into account in facilitating admission in old age homes.

Creating Pleasant Environment within Old Age Homes:

Creating pleasant environment within old age homes is regarded as one of the primary goals of all individuals. In order to achieve this goal, they are required to augment their information in terms of different factors, i.e. job duties, responsibilities, methodologies, procedures and so forth. Furthermore, they are required to inculcate the traits of morality, ethics, diligence and conscientiousness within the course of putting into operation their job duties. These individuals would be facilitating in carrying out different types of tasks and activities in a well-ordered and regimented manner. As a consequence, there will be formation of pleasant environment within old age homes. In addition, it is well-understood that through acknowledging all factors that are facilitating in creating a pleasant environment, the members will encourage the task of admission in a satisfactory manner. Hence, leaders and other staff members need to be well-informed in terms of ways of achieving this goal throughout their jobs. Therefore, creating pleasant environment within old age homes is an essential factor to be taken into account in facilitating admission in old age homes.

CONCLUSION:

The individuals in charge of old age homes are required to implement measures in such a manner that are facilitating in designing and admission in old age homes. Measures to be implemented in facilitating designing of old age homes are, providing infrastructure, amenities and facilities, providing medical and health care facilities, providing counseling and guidance services, managing resources in an adequate manner, implementing management functions in an effective manner, making provision of phone facilities, rules for permitting senior citizens to go outside, visits by family members, focusing on management of buildings and recruiting service providers and cleaning custodians. Factors to be taken into account in facilitating admission in old age homes are, generating information regarding senior citizens; formulating laws and rules; being well-versed in terms of certain factors; preventing wastage of resources; inculcating the traits of morality and ethics and creating pleasant environment within old age homes. Finally, it can be stated, living in old age homes will be pleasurable to all senior citizens, when these are designed appropriately.

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