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Book Review '8 Strategi Keputusan Yang Efektif' (Malay Version)

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Written by Theodore Isaac Rubin, in this book show the meaning, understanding and directing of readers with eight effective decision strategies, as a very useful provision in life. Being able to make good decisions is a very hefty self-liberation. In this life, we do not want to be surrounded by decisions. We often face the reality of making a decision. In determining our decisions, we are required to seriously and truly consider it. It turns out that on the other hand there are often difficulties with the decision. Or even create difficulties with the decision itself, which in turn involves all aspects of our lives. This will inhibit the growth and development of our emotions, thus continuing with the incidence of self-immolation. And more fatal again, as it will induce the suppression of the feeling itself that can spread the seeds of the disease, which will cause a decrease in body stamina to disrupt health.

Do not know how to make decisions and the uncontrollable will is the weakness of selflessness, anxiety, envy, anger, revenge, and long-suffering. Most people find great difficulty in making decisions. But strangely, so almost everybody can easily help overcome others to make decisions. This book reveals understanding and how to solve the problem. Also show how to accept reality and release from difficult decisions. Using the principles of psychology, this book helps in making good decisions that can be applied to all types of diverse decisions, businesses or individuals that are not so important or important. The author hopes to help the reader in solving it. The biggest decision in practicing psychiatric and therapeutic analysis is the satisfaction of passion or readers. It also helps inactivity their efforts to learn to accept the reality of the problems they face. Hopefully by reading this book the reader will get help, benefits and satisfaction in learning the decision process that concerns them. Most of us tend to let go of a problem and let the problem go by with no solution. And let the opportunity to make decisions just pass away. If we release good consent or decision, there will be a chronic failure imagination. The success of a life journey demonstrates a balance not to make apparent decisions.

Often, we are not aware of the process of releasing a problem slowly. We often wait for something to happen, rather than doing what we want. Or often ask for help to solve our problem, It's a bad dependency. We often avoid the reality of our goal, though sometimes we know it can and want to finish it. The deepest unhappiness, usually because of many times facing various failures in life. The loss of good opportunities, frustration, continuing delays, and hopelessness will lead to unresolved problems. And in fact, not many people release the problem are aware of them

weaknesses. Do not know that decision making can paralyze creativity, so with so many difficulties that the decision itself can bring. There are several examples of common symptoms of natural release decisions. We will feel lost in life when we release responsibility through the process. It is the responsibility of making decisions, losing the opportunity to do it, and developing into a backward personal. The conduct of the person who discharges the duty of decision making, will make a bad restriction. A simple opportunity indicates that success at all angles of life requires all participation and trust to make decisions.

